

Fredricks Breakfast Menu

£14.95 per person

Chilled buffet

- Greek yogurt with homemade fruit compote and lemon curd
- All-butter croissants
- Glazed assorted Danish pastries
- Selection of breakfast cereals and homemade granola
- Seasonal fresh fruit platter
- Wholemeal or white toast with butter or sunflower spread, served with honey and preserves

From the Kitchen

Fredrick's Full English Breakfast

Cumberland sausage, smoked back bacon, grilled tomato, sautéed mushrooms, baked beans, and hash brown potato. Served with your choice of scrambled eggs, truffled scrambled eggs, fried eggs, poached eggs, or scrambled tofu.

Fredrick's Vegetarian or Vegan Breakfast

Quorn sausages, grilled tomato, sautéed mushrooms, baked beans, hash brown potato, and wilted spinach. Served with scrambled eggs, truffled scrambled eggs, fried eggs, poached eggs, or scrambled tofu.

Eggs Benedict

Toasted English muffin, crispy smoked back bacon, poached eggs, homemade hollandaise sauce, and chives.

Eggs Florentine

Toasted English muffin, wilted spinach, poached eggs, hollandaise sauce, and chives.

Omelette

Choose any three fillings:

Cheddar cheese · tomato · onion · mushrooms · ham · spinach · chorizo

American Buttermilk Pancakes

Three warm pancakes with homemade berry and vanilla compote, Greek yogurt, and honey.
(Add smoked back bacon if desired.)

Breakfast Sandwich

With either, bacon Sausage or Fried Eggs

Porridge

Freshly made with either semi – skimmed milk, soya milk, oat milk, coconut milk

Drinks Included

Juices

Orange · Apple · Cranberry

Water

Still water or lemon, lime & cucumber-flavoured water

Tea Selection

English Breakfast – Decaffeinated - Earl Grey · Mint · · Fruit teas

Coffee

Freshly brewed Italian Arabica coffee