

fredricks

NIBBLES

- Bread & Olives - £5.95
- Salmon Lollipops - £6.95
- Salt & Pepper Squid - £5.95
- Hummus Flatbread - £4.95

STARTERS

- Soup of the day - £5.95**
with freshly baked bread roll
- Oxtail Croquette - £6.95**
served with onion sumac chutney
- Jumbo Prawn Tempura - £8.95**
served with tomato salsa & feta
- Crab Taco - £7.95**
served with guacamole & chilli mayo
- Ham Terrine - £8.45**
with piccalilli mayo, pickle roots & brioche
- Spinach Pie - £7.45**
Spinach filling flatbreads with yogurt sauce

SALADS

- Chicken Caesar Salad - £13.95**
chopped romaine lettuce, garlic croutons, eggs, olive oil, anchovies, garlic, dijon mustard, parmesan cheese & lemon juice
- Burrata - £13.95**
served with heritage tomato and herb pesto
- Avocado & Feta - £13.95**
avocado, cucumber, red onion mint pesto & pumpkin seeds

BURGERS

- Beef Burger - £13.95**
with grilled cheese, onion chutney, tomato, burger sauce, pickles & lettuce & fries
- Southern Fried Chicken - £12.50**
with spicy American sauce, guacamole, mayo, tomato & onion salsa & fries
- The Veggie Stack - £14.95**
plant based grilled burger, toasted brioche with fries

MAINS

- Chicken Saltimbocca - £15.95**
served with potato gnocchi, tomato sauce & parmesan
- Butternut Ravioli - £13.95**
served with ricotta & sage cream
- Ribeye Steak - £26.95**
served with portobello mushrooms, chunky chips, vine tomatoes
- Fish & Chips - £13.50**
lightly battered fish with tartar sauce, mushy peas & triple cooked chips
- Slow Cooked Pork Belly - £24.95**
crispy pork belly with sautéed greens, mashed potato and a rich glazed Jus
- Sea Bass Papillote - £15.95**
fresh sea bass with a multi veg filling & lemon sauce
- Grilled Cauliflower - £12.95**
served with a curried mayo & apple coleslaw

DESSERTS

- Tiramisu Cheesecake - £6.25**
- Chocolate Tart - £5.95**
- Sticky Toffee Pudding - £5.95**
- Raspberry & White Chocolate Roulade - £6.25**

SIDES

- Triple Cooked Chips - £4.25**
- Side Salad - £4.00**
- Mashed Potato - £4.50**
- Cauliflower Cheese - £4.50**
- Pepper Sauce - £2.20**
- Diane Sauce - £2.20**
- Sweetcorn Ribs - £4.80**



LIGHT BITES

Crab tacos - £7.95

Served with guacamole, chilli mayo.

Caesar Salad - £13.95

add chicken or prawns or tofu

Hummus and Flatbread - £4.95

cumin toasted chickpea, ciabatta crisp bread

Oxtail croquette - £6.95

Served with onion sumac chutney

Spinach Pie - £7.45

Spinach filling flatbread, yogurt sauce

Corn ribs - £4.80

served with sriracha mayo

Salt & pepper squid - £5.95

served with lime mayo

BEVERAGES

Teas - £3.95

fruit teas,

breakfast tea,

mint tea

Coffees - £4.25

espresso

cafe latte

americano

cappuccino

flat white

SANDWICHES

Club Sandwich - £10.95

chicken, bacon, egg, lettuce, tomato, mayo

Talian Sandwich - £9.95

Sourdough bread, pesto, bresaola, mozzarella

BLT - £10.95

Brioche sandwich, bacon, cheese, tomato, lettuce

Vegan Wrap - £8.95

beetroot jam, sweet potato, rocket salad

The Fish Finger - £9.95

beer battered cod, tartar sauce, cos lettuce

Beef Burger - £13.95

with grilled cheese, onion chutney, tomato, burger sauce, pickles & lettuce & fries

The Veggie Stack - £13.95

plant based grilled burger, toasted brioche with fries

Coronation Katsu Sando - £11.95

coronation mayo, deep fried chicken

DESSERTS

Tiramisu Cheese Cake - £6.25

Chocolate Tart - £5.95

Sticky Toffee Pudding - £5.95

Raspberry & White Chocolate Roulade - £6.25

Spa & Bar