

fredricks

NIBBLES

Bread & Olives

Salmon Lollipops

Salt & Pepper Squid

Hummus Flatbread

STARTERS

Soup of the day

Oxtail Croquette

served with onion sumac chutney

Jumbo Prawn Tempura

served with tomato salsa & feta

Crab Taco

served with guacamole & chili mayo

Ham Terrine

with piccalilli mayo, pickle roots & brioche

Spinach Pie

Spinach filling flatbreads with yogurt sauce

SALADS

Caesar Salad

chopped romaine lettuce, garlic croutons, eggs, olive oil, anchovies, garlic, dijon mustard, parmesan cheese & lemon juice

Burrata

served with heritage tomato and herb pesto

Tomato & Mozzarella

with basil pesto & balsamic

BURGERS

Beef Burger

with American grilled cheese, onion chutney, tomato, burger sauce, pickles & lettuce

Southern Fried Chicken

served with spicy American sauce, guacamole, mayo, tomato & onion salsa

The Veggie Stack

grilled halloumi with lettuce & coleslaw

MAINS

Chicken Saltimbocca "jump in the mouth"

served with potato gnochi, tomato sauce & parmesan

Butternut Ravioli

served with ricotta & sage cream

Ribeye Steak

served with portobello mushrooms, chunky chips, vine tomatoes

Fish & Chips

lightly battered fish with tartar sauce, mushy peas & triple cooked chips

Slow Cooked Pork Belly

crispy pork belly with sautéed greens, mashed potato and a rich glazed Jus

Sea Bass Papillote

fresh sea bass with a multi veg filling & lemon sauce

Grilled Cauliflower

served with a curried mayo & apple coleslaw

DESSERTS

VANILLA CHEESE

SIDES

Triple Cooked Chips

Mashed Potato

Cauliflower Cheese

Pepper Sauce

Diane Sauce

Sweetcorn Ribs



STARTERS

Crab tacos

Served with guacamole, chilli mayo.

CAESAR SALAD

Add chicken - add prawns - add
tofu

Hummus and flatbread

Oxtail croquette

Served with onion sumac chutney

Spinach Pie

Spinach filling flatbread, yoghurt sauce

Corn ribs

served with sriracha mayo

Salt & pepper squid

served with lime mayo

SANDWICHES

CLUB SANDWICH

White bread, chicken, bacon, egg, lettuce, tomato, mayo

ITALIAN SANDWICH

Sourdough bread, pesto, bresaola, mozzarella

BLT TOASTIE

Brioche sandwich, bacon, cheese, tomato, lettuce

Vegan wrap

Beetroot jam, sweet potato, rocket salad

BEEF BURGER

With American cheese, grilled onion
chutney, tomato, burger
sauce, pickles, lettuce

CORONATION KATSU SANDO

With coronation mayo, deep fried chicken

Yoghurt Granola

**Cheesecake
strawbery**

**Chocolate Brownie
lotus caramel sauce**

FREDRICKS
SPA &