

Alfresco

Prosecco

Desiderio Jeio

£ 7.50 by the Glass

£ 33.00 by the Bottle

Champagne

Perrier Jouet

£ 12.50 by the Glass

£ 43.50 by the Bottle

Wines by the Glass

White

Dom. De la Pouce,
vdp, Sauvignon, France
dry white wine

Echeverria Unwooded
chardonnay, Chile
medium dry Wine

Stormy Cape Chenin
Blanc, South Africa

Red

Andrew Hurley, Shiraz
Cabernet, Australia

Cotes du Rhone,
Domaine Andre Brunel,
France

Norton Merlot, Chile

Rose

Beaujolais Rose

Domaine Claude Geoffray

Large Glass £6.50 (250 ml)

Small Glass £5.20 (175 ml)

We also have an
extensive wine list,
please ask if you would
like to have a browse!

STARTERS

Selection of breads: balsamic vinegar	£3.00
Fresh tomato soup with basil oil	£6.95
Confit of pork belly with granny smith coulis	£7.95
Baby mozzarella, vine tomatoes and avocado	£6.95
Wild mushroom risotto, parmesan foam	£6.95
Rosary goats cheese terrine with beetroot and hazelnut dressing	£6.95

MAINS

Grilled rib eye, sauce béarnaise and hand cut chips	£19.50
Grilled lamb mignons, rosemary polenta and niçoise vegetables	£14.95
Fredrick's fish and chips, sauce tartar and crushed minted peas	£13.95
Hot smoked salmon, horseradish and apple cream, new potatoes and salad	£11.95
Papardelle, butternut squash, spinach and rocket pesto	£ 9.95
Fresh pasta, butternut squash, spinach and rocket pesto with jumbo shrimps	£15.95

CLASSICS

Alfresco club sandwich with coleslaw and chips	£14.95
Fillet steak sandwich with coleslaw and chips	£17.95
Caesar salad with grilled free range supreme of chicken	£13.95
Smoked salmon and prawns on walnut and rye bread	£11.95

DESSERTS

Warm chocolate pave and coffee ice cream	£7.95
Selection of fresh fruits and sorbets	£7.95
Honey crème brûlée	£7.95
Caramelised lemon tart	£7.95
Selection of british and continental cheeses	£9.95

EXTRAS

Thick chips	£3.95
Sandwiches - On farmhouse white or multigrain	£6.95

- Chicken, bacon, tomato, lettuce and mayonnaise
- Tuna, apple, lettuce and mayonnaise
- Ham, cheese and pineapple
- Roast beef, dill pickle and tomato

DINNER, LUNCH, SPA BREAKS, CONFERENCES, WEDDINGS,
FREDRICK'S WILL BE YOUR BEST CHOICE.